

LIVING WELL CHRISTIAN FAMILY CLINIC --CONFIDENTIAL CONTACT FORM

Client Name: _____

Cell Phone _____

E-mail _____

Home Phone _____

Address _____

Other Phone _____

Please describe any restrictions on the means and/or location you want us to use (e.g.- do not leave a message on home telephone number): _____

Appointment Reminders

As a courtesy, our office sends out appointment reminders prior to scheduled appointments. Our cancellation policy requires 24-hour notice for cancelling an appointment.

I prefer to receive my appointment reminders using:

text message ☐ _____

e-mail ☐ _____

I do **NOT** want to receive appointment reminders: ☐

Balance Notifications

Our office is transitioning to electronic notification of balances due on your account. This saves the expense of office printing and mailing paper statements.

These balance notifications contain a link sent to text message or e-mail. You must provide us the cell number and or e-mail you would like to use.

Upon clicking the link in your notification, you are taken to a payment portal where you can log in to see more information about your charges and payments.

I prefer to receive my balance notifications using:

text message ☐ _____

e-mail ☐ _____

I do **NOT** want to receive balance notifications, please mail me a paper statement: ☐

Signature: _____

Date: _____

If this request is by a personal representative on behalf of the individual (e.g.- minor child), complete the following:

Personal Representative's Name: _____

Relationship to Individual: _____

CLIENT (MINOR CHILD)

PARENT/GUARDIAN 1**PARENT/GUARDIAN 2**

FAMILY INFORMATION

[illegible]

Living Well Christian Family Clinic – Health Report

Name: _____ Age: _____ DOB: _____

HEALTH HISTORY:

What childhood diseases did you have?

What serious illnesses have you had?

What operations have you had?

List present health concerns:

What allergies do you have?

Please list any prescription or over-the-counter medications you are currently taking and why:

| Medication | Dosage (i.e.- 15ml) | Frequency (i.e.- 2x/day) | Purpose |
|------------|---------------------|--------------------------|---------|
| | | | |
| | | | |
| | | | |
| | | | |

When was your last physical check-up? _____ Results: _____

How is your appetite? _____

Have you lost weight in the last three months? _____ Gained? _____

If you have gained or lost weight, how much? _____

How many hours do you sleep on an average night? _____

Do you have problems sleeping? _____

Do you exercise? _____ If so, what do you do? _____

How often? _____

How many packs of cigarettes do you smoke each day? _____

How many caffeinated drinks do you consume each day (coffee, tea, soda, energy drinks)? _____

How many alcoholic drinks per week? _____

Are you using other substances? _____

Is there a history in your family of any of the following? _____

- | | | |
|---|--|---|
| <input type="checkbox"/> Abuse/Trauma | <input type="checkbox"/> Depression | <input type="checkbox"/> Neurological Disease |
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Alcohol Abuse | <input type="checkbox"/> Eating Disorders | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Gallbladder Disease | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Autism | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Substance Abuse |
| <input type="checkbox"/> Bipolar Disorder | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hypoglycemia | <input type="checkbox"/> Upper Respiratory Problems |
| <input type="checkbox"/> Dementia | <input type="checkbox"/> Intellectual Disability | |

Other health issues: _____

Name of your Personal Physician: _____ Phone: _____

Clinic Name: _____ Clinic Address: _____

City: _____ State: _____ Zip: _____

May we contact your Physician? _____

PRESENTING CONCERN:

Why are you seeking therapy/counseling? _____

MENTAL HEALTH OR SUBSTANCE ABUSE TREATMENT HISTORY:

Please list any prior mental health treatment or counseling (include any hospitalizations or substance abuse treatment):

| Dates | Location | Provider | Reason/Outcome |
|-------|----------|----------|----------------|
| | | | |
| | | | |
| | | | |

What did you like/dislike about your former experiences with counseling? _____

EDUCATIONAL/VOCATIONAL ISSUES:

Highest Grade Completed: _____

Did you have any learning or behavioral problems while in school?

Are you experiencing any issues related to your job/schooling due to the concern you are being seen for today?

FAITH / SPIRITUALITY:

Do you have any concerns related to your spirituality or faith and the reason you are being seen today that you believe may impact your care?

STRESSORS:

Please list any changes in your life that you would consider to be significant in the past several years:

Have any of these had a negative or positive effect on your daily life? _____

How would you describe your financial situation?

SOCIAL/LEISURE:

Are you satisfied with your current social life/social supports? _____

Please describe

What do you do to manage stress?

What do you enjoy doing in your spare time?

ADDITIONAL DETAILS:

Is there any additional information you would like to share with your therapist relevant to your treatment?

Have you been a victim or at risk for emotional, physical or sexual abuse? _____

If yes, please share any details you are comfortable disclosing at this time.

DSM-5-TR Self-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 11–17

Name: _____

Age: _____

Date: _____

Instructions: The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the **past TWO (2) WEEKS**.

| | | None Not at all | Slight Rare, less than a day or two | Mild Several days | Moderate More than half the days | Severe Nearly every day | Highest Domain Score (clinician) | |
|-------------|--|------------------------------|--|-------------------------|---|----------------------------------|---|--|
| | During the past TWO (2) WEEKS , how much (or how often) have you... | | | | | | | |
| I. | 1. | 0 | 1 | 2 | 3 | 4 | | |
| | 2. | 0 | 1 | 2 | 3 | 4 | | |
| II. | 3. | 0 | 1 | 2 | 3 | 4 | | |
| III. | 4. | 0 | 1 | 2 | 3 | 4 | | |
| IV. | 5. | 0 | 1 | 2 | 3 | 4 | | |
| | 6. | 0 | 1 | 2 | 3 | 4 | | |
| V. & VI. | 7. | 0 | 1 | 2 | 3 | 4 | | |
| | 8. | 0 | 1 | 2 | 3 | 4 | | |
| VII. | 9. | 0 | 1 | 2 | 3 | 4 | | |
| | 10. | 0 | 1 | 2 | 3 | 4 | | |
| VIII. | 11. | 0 | 1 | 2 | 3 | 4 | | |
| | 12. | 0 | 1 | 2 | 3 | 4 | | |
| | 13. | 0 | 1 | 2 | 3 | 4 | | |
| IX. | 14. | 0 | 1 | 2 | 3 | 4 | | |
| | 15. | 0 | 1 | 2 | 3 | 4 | | |
| X. | 16. | 0 | 1 | 2 | 3 | 4 | | |
| | 17. | 0 | 1 | 2 | 3 | 4 | | |
| | 18. | 0 | 1 | 2 | 3 | 4 | | |
| | 19. | 0 | 1 | 2 | 3 | 4 | | |
| | In the past TWO (2) WEEKS , have you... | | | | | | | |
| XI. | 20. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |
| | 21. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |
| | 22. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |
| | 23. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |
| XII. | 24. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |
| | 25. | <input type="checkbox"/> Yes | | | <input type="checkbox"/> No | | | |

DSM-5-TR Parent/Guardian-Rated Level 1 Cross-Cutting Symptom Measure—Child Age 6–17

Child's Name: _____

Age: _____

Date: _____

Relationship with the child: _____

Instructions (to the parent or guardian of child): The questions below ask about things that might have bothered your child. For each question, circle the number that best describes how much (or how often) your child has been bothered by each problem during the **past TWO (2) WEEKS**.

| | | None Not at all | Slight Rare, less than a day or two | Mild Several days | Moderate More than half the days | Severe Nearly every day | Highest Domain Score (clinician) |
|-------------|---|------------------------------|--|-------------------------------------|---|----------------------------------|---|
| | During the past TWO (2) WEEKS , how much (or how often) has your child... | | | | | | |
| I. | 1. Complained of stomachaches, headaches, or other aches and pains? | 0 | 1 | 2 | 3 | 4 | |
| | 2. Said he/she was worried about his/her health or about getting sick? | 0 | 1 | 2 | 3 | 4 | |
| II. | 3. Had problems sleeping—that is, trouble falling asleep, staying asleep, or waking up too early? | 0 | 1 | 2 | 3 | 4 | |
| III. | 4. Had problems paying attention when he/she was in class or doing his/her homework or reading a book or playing a game? | 0 | 1 | 2 | 3 | 4 | |
| IV. | 5. Had less fun doing things than he/she used to? | 0 | 1 | 2 | 3 | 4 | |
| | 6. Seemed sad or depressed for several hours? | 0 | 1 | 2 | 3 | 4 | |
| V. & VI. | 7. Seemed more irritated or easily annoyed than usual? | 0 | 1 | 2 | 3 | 4 | |
| | 8. Seemed angry or lost his/her temper? | 0 | 1 | 2 | 3 | 4 | |
| VII. | 9. Started lots more projects than usual or did more risky things than usual? | 0 | 1 | 2 | 3 | 4 | |
| | 10. Slept less than usual for him/her, but still had lots of energy? | 0 | 1 | 2 | 3 | 4 | |
| VIII. | 11. Said he/she felt nervous, anxious, or scared? | 0 | 1 | 2 | 3 | 4 | |
| | 12. Not been able to stop worrying? | 0 | 1 | 2 | 3 | 4 | |
| | 13. Said he/she couldn't do things he/she wanted to or should have done, because they made him/her feel nervous? | 0 | 1 | 2 | 3 | 4 | |
| IX. | 14. Said that he/she heard voices—when there was no one there—speaking about him/her or telling him/her what to do or saying bad things to him/her? | 0 | 1 | 2 | 3 | 4 | |
| | 15. Said that he/she had a vision when he/she was completely awake—that is, saw something or someone that no one else could see? | 0 | 1 | 2 | 3 | 4 | |
| X. | 16. Said that he/she had thoughts that kept coming into his/her mind that he/she would do something bad or that something bad would happen to him/her or to someone else? | 0 | 1 | 2 | 3 | 4 | |
| | 17. Said he/she felt the need to check on certain things over and over again, like whether a door was locked or whether the stove was turned off? | 0 | 1 | 2 | 3 | 4 | |
| | 18. Seemed to worry a lot about things he/she touched being dirty or having germs or being poisoned? | 0 | 1 | 2 | 3 | 4 | |
| | 19. Said that he/she had to do things in a certain way, like counting or saying special things out loud, in order to keep something bad from happening? | 0 | 1 | 2 | 3 | 4 | |
| | In the past TWO (2) WEEKS , has your child ... | | | | | | |
| XI. | 20. Had an alcoholic beverage (beer, wine, liquor, etc.)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |
| | 21. Smoked a cigarette, a cigar, or pipe, or used snuff or chewing tobacco? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |
| | 22. Used drugs like marijuana, cocaine or crack, club drugs (like ecstasy), hallucinogens (like LSD), heroin, inhalants or solvents (like glue), or methamphetamine (like speed)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |
| | 23. Used any medicine without a doctor's prescription (e.g., painkillers [like Vicodin], stimulants [like Ritalin or Adderall], sedatives or tranquilizers [like sleeping pills or Valium], or steroids)? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |
| XII. | 24. In the past TWO (2) WEEKS , has he/she talked about wanting to kill himself/herself or about wanting to commit suicide? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |
| | 25. Has he/she EVER tried to kill himself/herself? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know | | | |

Rights of Minors: Outpatient Behavioral Health Treatment

Consent for Mental Health Treatment

If you are younger than 14-years-old, a parent or guardian must agree, in writing, to you receiving outpatient mental health treatment.

If you are 14 years or older, you and your parent or guardian must agree to you receiving outpatient mental health treatment.

If you want treatment but your parent or guardian is unable to agree to it or won't agree to it, you (or someone on your behalf) can petition the county mental health review officer for a review.

If you do not want treatment but your parent/guardian does, the treatment director for the clinic where you are receiving services must petition the mental health review officer for a review.

Regardless of your age, in an emergency, the treatment director for the clinic may allow you to receive outpatient mental health treatment, but no medication, for up to 30 days.

During the 30 days, the treatment director must get informed written consent of your parent or guardian, or file a petition for review for admission with the mental health review officer.

Consent for Substance Use Treatment

Any minor can consent to substance use treatment at a public facility as long as it is for prevention, intervention, or follow-up.

If you are younger than 12-years-old, you may only get limited substance use treatment (such as detox) without a parent or guardian's consent.

If you are 12 years or older, you can be provided some limited treatment (assessment, counseling, and detox less than 72 hours) without your parent or guardian's consent or knowledge.

If your parent or guardian agrees to it, you can be required to participate in substance use treatment, including assessment and testing.

Review by Mental Health Review Officer and/or Court

Each juvenile court appoints a mental health review officer for that county. www.dhs.wisconsin.gov/clientrights/mhro

The juvenile court must ensure assistance is provided in the petition for review.

If you request it and the mental health review officer believes it is in your best interests, review by the mental health review officer can be skipped and the review will be done by the court.

If the mental health officer does the review, a hearing must be held within 21 days of the filing of the petition for review. Everyone must get at least a 96-hour notice of the hearing.

To approve your treatment (against your will or despite the refusal of your parent/guardian), the mental health review officer must find that:

- The refusal of consent is unreasonable.
- You are in need of treatment.
- The treatment is appropriate and least restrictive for you.
- The treatment is in your best interests.

If you disagree with the decision of the mental health review officer, you and your parent/guardian will be informed of the right to a judicial review.

If the court does the review, within 21 days of the mental health review officer's ruling, you (or someone acting on your behalf) can petition the juvenile court for a judicial review.

A court hearing must be held within 21 days of the petition. Everyone must get at least a 96-hour notice of the hearing.

If you do not want the treatment, the court must appoint you an attorney at least 7 days prior to the hearing.

If it is your parent/guardian who does not want the treatment and you do not already have a lawyer, the court must appoint you one.

To approve your treatment (against your will or despite the refusal of your parent/guardian), the judge must find that:

- The refusal of consent is unreasonable.
- You are in need of treatment.
- The treatment is appropriate and least restrictive for you.
- The treatment is in your best interests.

A court ruling does not mean that you have a mental illness. The court's ruling can be appealed to the Wisconsin Court of Appeals.

Treatment Rights

You must be provided prompt and adequate treatment.

If you are 14 years or older, you can refuse mental health treatment until a court orders it.

You must be told about your treatment and care.

You have the right to and are encouraged to participate in the planning of your treatment and care.

You and your relatives must be informed of any costs they may have to pay for your treatment.

Personal Rights

You must be informed of your rights.

Reasonable decisions must be made about your treatment and care.

You cannot be treated unfairly because of your race, national origin, sex, gender expression, religion, disability, or sexual orientation.

Record Access and Privacy Rights

Staff must keep your treatment information private (confidential). However, it is possible that your parents may see your records.

If you are younger than 14-years-old, you must view your records in the presence of a parent/guardian, attorney, judge, or staff member. You may always see your records on any medications you take. Regardless of your age, staff may limit how much you may see of your records. They must give you reasons for any limits.

If you are at least 14-years-old, you can consent to releasing your own mental health treatment records to others.

If you are at least 12-years-old, you can consent to releasing your substance use treatment records to others.

Patient Rights Help

- Contact the client rights staff at your treatment provider.
- File a complaint. Client rights staff will look into your complaint.
- Contact Disability Rights Wisconsin at 800-928-8778. Their advocates and attorneys can help you with patient rights questions.

For More Information

Visit the DHS client rights website at: www.dhs.wisconsin.gov/clientrights/minors

